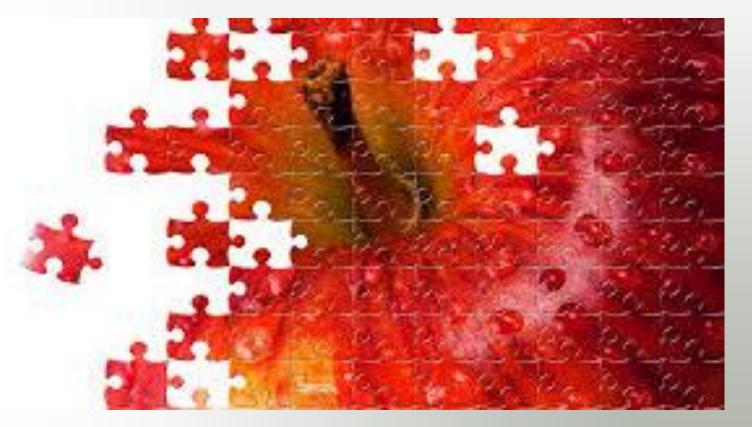
Beginning with the End in Mind

NACEP Western Regional Conference, April 2017 Presented by: Mary Stephenson Academic Advisor, Utah Valley University

A puzzle is easier if you know what it's supposed to look like



Where do you start if you don't know what the finished puzzle looks like?



Start with a 50 piece puzzle... Don't jump right to the 3D castle

Understanding the big picture

- What does the student know about college credits?
- What is the motivation for what the student wants to accomplish?
- Does the student know what they want to accomplish?
- What are the pro's and con's of the students goal?

What does a degree plan look like?

The degree plan is the puzzle.

What does every puzzle have in common?

Does every puzzle share the same pieces?

How do you transfer pieces from one puzzle to another?

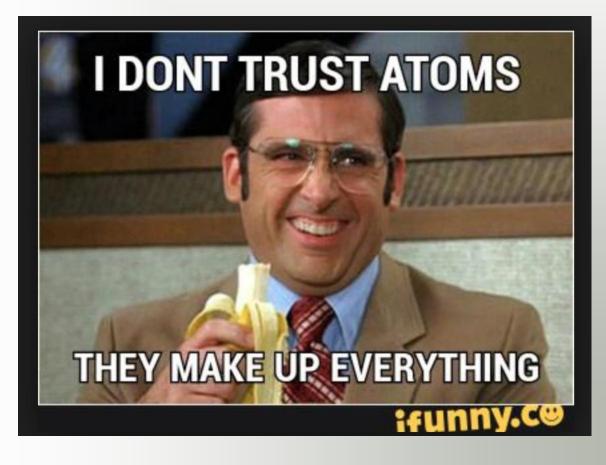
What happens to the pieces that don't fit?

UNIVERSITY STUDIES ASSOCIATE IN SCIENCE/ARTS DEGREE ACADEMIC YEAR 2016 – 2017

GENERAL EDUCATION REQUIREMENTS: Minimum 35 credits TOTAL DEGREE REQUIREMENTS: Minimum 60 credits				
CORE REQUIREMENTS:				
COURSENUMBER		COURSETITLE	CR	PREREQUISITES
ENGL 1010	(CC)	Intro to Writing	3 cr	
ENGL 2010 or ENGL 2020	(CC) (CC)	Intermediate Writing : HU/SS Intermediate Writing : SCI/TECH	3 cr	ENGL 1010
MATH 1030 or MATH 1040 or MATH 1050 or MATH 1090 One course hiut requires MATH 1010 as a prerequisite (ex MATH 1060) or An Advanced Placement (AP) Mathematics Exam with a s higher.	-	Quantitative Reasoning (recommended for Humanities or Arts majors*) Introduction to Statistics (recommended for Social Science majors*) College Algebra (recommended for Education, Science, Health Profession majors*) College Algebra for Business (recommended for Business majors*) *All majors should check with their advisor for the correct course.	3 cr 3 cr 4 cr 3 cr	MAT 1010 MAT 1010 MAT 1010 MAT 1010
option 1 - one class in one of the follo POLS 1000 or HIST 1700 or HIST 1740 or POLS 1100 option 2 - two classes in: HIST 2700 & 2710	wing: (AS) (AS)	option 1: American Heritage or American Civilization or US Economic History or American National Government option 2: US History to 1877 & US History From 1877	3 cr	
PHIL 2050 or PHIL 205G*	(IH)	Ethics and Values	3 cr	ENGL 1010
HLTH 1100 or PES 1097	(TE) (FE)	Personal Health & Wellness or Fitness For Life	2 cr	
DISTRIBUTION COURSES: Students complete one course from each of the following areas.				
HUMANITIES	(HH)	Choose From Back	3 cr	
FINE ARTS	(SS)	Choose From Back	3 cr	
SOCIAL SCIENCE	(FF)	Choose From Back	3 cr	
BIOLOGY	(BB)	Choose From Back	3 cr	
PHYSICAL SCIENCE	(PP)	Choose From Back	3 cr	
BIOLOGY (BB) or PHYSICAL SCIENC	CE (PP)	Choose From Back	3 cr	
*Bachelor's Degree Global Intercultural (GI) G.E. Requirement: It is possible to take the GI course as an associate degree general education requirement. Example: PHIL 2050 may be taken as PHIL 2050. However, the GI course may already be included in your major. See your major advisor for details.				
UNIVERSITY STUDIES OPTION (SPECIALIZATION): 25 Credits Minimum - Courses 1000 Level or Higher				

Let's talk about You! Audience Poll

Totally unscientific but a great illustration about long term goals



Join the Group Poll

online PollEv.com/marystephens845

Or

Send a text to **37607** Text the word **MARYSTEPHENS845**

Question 1

When you were 16, were you sure about your career choice? A: Yes B: No

Question 2

How many times did you change your major? A: 0 B: 1 C: 2 D: 3+

Question 3

Did you take any classes in college that DID NOT apply to your major? A: Yes B: No

Question 4

Are you currently working in the field of your college major? A: Yes B: No

Question 5

What is your college major? (Undergrad)

Information Overload

Let's be real: It's overwhelming! If it's too hard to understand, it's easy to get frustrated! Give your students tools for success.

- Worksheets
- Good Website
- Frequent Meetings
- Spiral of Knowledge

How do the pieces fit?

Find a way to illustrate it

- It doesn't all happen in the first appointment.
- In college, puzzles change ALL. THE. TIME.
 - Prepare students for obstacles
 - Scheduling
 - Changes in course offerings
 - Challenging classes
 - Realistic homework loads
- Advising is teaching. Teach students along the way so they can figure things out without your help.

First Advisor Meeting

The fire hose appointment

- Lots and lots of information.
- Students aren't always ready to talk, parents chime in a lot. Be prepared for parental involvement.
- Show how to navigate your website.
- Logistics...talk about the "how to."
 - i.e. What is the difference between admissions & registration
- Encourage follow-up appointments.
- Remind them it's ok to adjust the goal.
- Handouts to take home
 - Academic plan
 - Credit planner (i.e. UVU GE Planner)

Follow-Up Advisor Meetings

Clarify & Refine the End Goal: "the why"

- Students are more ready to talk, parents interrupt less.
- Ask the student about their future. Give them time to talk.
- **SHOW** the student how their credits apply!
- Encourage follow-up appointments.
 - Refer them to college major advisors and/or college tours
- Remind them it's OK to adjust the goal.
- Handouts to take home
 - Updated Academic plan
 - Credit planner (i.e. UVU GE Planner)
 - Handouts mean more to them now!

The End of high school is just the Beginning. Are you ready?

Help students see **how** Concurrent Enrollment experiences in high school prepare them for the future.

- Nothing replaces personal experience.
- Quality advisement helps students:
 - feel confident about their academic decisions
 - understand how to **navigate** pathways
 - be ready for more individual **responsibility**
 - feel like they had a **voice** in their academic choices
 - feel prepared to handle unintended consequences

